



BIG BLUE HOTEL

DINNER MENU

To share...Olives and Sourdough Breadboard, Olive Oil, Balsamic Vinegar & Butter (319kcal) £4.95

APPETISERS

Soup of the Day	£6.25	Morecambe Bay Shrimps (404kcal)	£8.45
Sourdough bread, butter		Mace butter & grilled sourdough	
Chicken & Chorizo Arancini (402kcal)	£8.95	Classic Prawn Cocktail (441kcal)	£8.95
Deep fried risotto balls & roasted red pepper aioli		Greenland prawns, dressed iceberg & Marie Rose sauce	
Chicken Liver Parfait (888kcal)	£8.95	Pan-fried King Scallops (268kcal)	£9.45
Homemade chutney & toasted sourdough		Bacon lardons & garlic, herb, lemon butter	
Wild Mushroom Tartlet (V) (357kcal)	£8.45	Beer Battered King Prawns (422kcal)	£9.45
Asparagus spears		Homemade sweet chilli sauce	

SALADS

Salad Niçoise (443kcal)	£15.95	Classic Caesar Salad Grilled Chicken (425/692kcal)	£13.45 £15.45
Classic tuna salad		Cos lettuce, Parmesan, croutons & crisp Parma ham	
Tomato & Mozzarella Salad (V) (571kcal)	£13.95	Panko Breaded Moroccan Couscous Salad (V) (VG) (865kcal)	£13.95
Sundried tomatoes, mozzarella, rocket, basil pesto & balsamic reduction		Herb & dried fruits, panko breadcrumb coated, dressed rocket	

MAINS

Slow Braised Beef (717kcal)	£24.25	Chicken Fillet of Beef Stroganoff (1155/1138kcal)	£19.95 £21.45
Potato rösti, baby spinach, honey roasted carrots, thyme & Shiraz sauce		Made with cream, Dijon mustard, paprika & brandy, basmati rice	
Crispy Pork Belly (1324kcal)	£21.95	Oven-roasted Salmon Steak (605kcal)	£21.45
Mashed potato, creamed cabbage & bacon		Crushed new potatoes, buttered asparagus & garlic herb butter	
Oven-roasted Chicken (1000kcal)	£19.95	Grilled Sea Bass Fillets (609kcal)	£23.95
Dauphinoise potatoes, petit pois & a chive, garlic, mushroom cream sauce		Crushed new potatoes, green beans, crayfish, spiced Napoli cream sauce	
Aubergine Tagine (VG) (631kcal)	£16.45	Macaroni Cheese (V) (914kcal)	£13.95
Lightly flavoured with spices, herb couscous		Topped with crispy Parma ham / Asparagus	£15.40
Beer Battered Fish and Chips (961kcal)	£18.95		
Petit Pois			

GRILL

Char-grilled 8oz. Sirloin Steak (1027kcal)	£25.95	Char-grilled 10oz. Ribeye Steak (1591kcal)	£28.95
Char-grilled 8oz. Fillet Steak (814kcal)	£31.95		

Served with grilled flat mushrooms, air-dried plum tomatoes, onion rings & hand-cut chips

SAUCES

Peppercorn Sauce (V) (102kcal)	£3.95	Diane Sauce (V) (126kcal)	£3.95
Béarnaise Sauce (V) (147kcal)	£4.25	Marsala Wine Cream Sauce (V) (98kcal)	£3.95

SIDES

Zucchini Fries, Grated Parmesan, Béarnaise Sauce (513kcal)	£7.45	Mixed or Green Salad (VG) (94kcal)	£3.95
Panko Breaded Onion Rings (V) (487kcal)	£5.45	Garlic Ciabatta (V) (620kcal) Add Cheese (767kcal)	£4.55 £5.45
Creamed Cabbage & Bacon (237kcal)	£5.25	Shoestring Fries (V) (234kcal)	£4.25
Petit Pois (VG) (66kcal)	£3.45	Sweet Potato Fries (V) (210kcal)	£4.95
Hand-cut Chips (V) (194kcal)	£4.95		

WHERE POSSIBLE ALL OUR PRODUCTS ARE LOCALLY SOURCED

(V) Suitable for vegetarians. (VG) Suitable for vegans. Fish products may contain bones.

Gluten free options available upon request.

Adults recommended daily intake is 2000 kcal

PLEASE INFORM A MEMBER OF OUR TEAM IF YOU HAVE ANY FOOD INTOLERANCES OR ALLERGENS